

Rabbi Avi Kaplinsky, Director



January 2022

Dear Pre1A Parents,

I would like to introduce you to Camp Nofesh. Camp Nofesh runs a heimishe summer program for boys from Pre1A through fifth grade. We have been serving the Passaic community for 21 years and we have earned ourselves a well-deserved reputation as a fun, happy, exciting, and safe place for children to spend their summer. In Camp Nofesh, under the guidance of our experienced and talented staff, your son will play organized sports, group games and go on fun trips, while learning social skills and building confidence and self-esteem, in a setting that just cannot be equaled in a school environment. As a first grade Rebbe for 23 years, I am confident that our campers are very well prepared for first grade, both socially and in limudei kodesh as well, since group activities, davening and important kria skills are emphasized all summer long.

Camp Nofesh is proud of its caring and highly competent staff, who work tirelessly all summer to ensure that your son has a safe and fun summer. Our head counselor Rabbi Shabsi Horowitz, our aquatics director, Rabbi Yaakov Rabinowitz, and our full-time camp nurse, Rabbi Shmuel Rowner are mechanchim, each with many years of experience with children. We are also fortunate to have Rabbi Baruch Gopin, a noted veteran machanech, as our camp program director. All of our counselors are carefully chosen for their midos tovos and matched to a bunk most fitting to their strengths and talents. We are particularly careful, to choose only the most gentle and caring counselors for the youngest bunks. The boys leaving Pre1A have only adult married rabbeim as their senior counselors. In addition, we have Rabbi Shmuel Rowner as the Camp Nurse. He has many years of experience and is very capable in his role providing first aid care and handling boys with allergies and asthmatic conditions. All campers and staff members are aware that he is available for any and all concerns. Parents are requested to contact him any time with any health concerns they may have with their son.

Each day begins with a separate Pre1A lineup under the canopy in the front of our building. Learning groups with their Rebbe/Counselor is held in their bunk rooms. Incentives are offered for participation and good behavior. Our Pre1A counselors introduce a variety of sports and activities to the boys, such as whiffle ball, kickball, dodge ball, and others, with an emphasis on teaching them the art of the games, as well as midos tovos and sportsmanship. We have an excellent arts and crafts program, run by an experienced Morah, with one major project each half and we have a great computer room and game room for indoor fun. Pre1A campers will also enjoy our extremely popular pedal kart activity. Virtually all activities for Pre1A boys are on campus except for swimming, which is a short bus trip away in 1 of 2 beautiful spacious and well-guarded, Olympic sized pools.

Camp Nofesh boasts an excellent aquatics program, run by Rabbi Yaakov Rabinowitz and Rabbi Shabsi Horowitz. Our aquatics staff is trained to give small group instruction to each and every child. Our pool is supervised by either Rabbi Rabinowitz or Rabbi Horowitz. The Pre1A campers will have the opportunity to swim and receive instruction in a very shallow kiddy pool. As they gain confidence, they can transition to the big pool with the use of an approved life jacket. As they gain more confidence, they will be allowed to remove their life jackets, with the approval of one of the water safety instructors.

This year IY”H we plan to send our Pre1A bunks on some exciting trips as we have always done. The boys will be going to The State Fair, rented out by frum camps, with a modified program. Extra supervision will be provided. They will also go to Adventurers Amusement Park, rented out exclusively for our Pre1A (with extra supervision) and 1<sup>st</sup> graders. Transportation will be on air conditioned, coach buses. Both major trips will be chaperoned by one of our head staff. In addition they will go Bowling with only Pre1A boys. They will also be treated to many on-campus special activities including a zany bubble machine activity, an on-campus amusement park day, featuring incredible inflatable rides and other attractions, the Nofesh petting zoo and a host of other special activities including Color War, Olympics, Deal or No Deal, a bean hunt, and much much more.

Camp Nofesh enlists a security agency to provide guards for our campers every day from 8:30am until the camp is dismissed each afternoon. Camp Nofesh will therefore be charging \$90 per family to help defray the cost of providing this service.

Camp begins at 9:25am each day (with supervision beginning 9:15am) and ends at 4pm (Fridays dismissal is 1:15 pm). In addition, we offer an optional early drop off, with supervision: Monday thru Friday, 8:30am *and* late dismissal: 4-5pm, Monday thru Thursday, for a nominal fee. Details will be in the pre-camp mailing.

Please send in your registration forms soon to take advantage of our special Pre1A early-bird special. See referral page for information on how you and a friend can receive a referral discount.

Register by January 27, 2022 and receive the early bird discount. See the pricing sheet for details.

If you were not at the open house, please email us for the USB of the camp video.

If you have any questions, please feel free to call me in the afternoon and evenings at 551-206-3395. We look forward to another amazing summer in Ruchniyus and Gashmiyus.

Sincerely,

Rabbi Avi Kaplinsky

Rabbi Avi Kaplinsky, Director



## REFFERAL DISCOUNT

If you **refer a Pre1A camper**, whose siblings have never attended Camp Nofesh, and they register for half a summer or more, you will receive a **discount off the camp fee**.

For the first Pre1A camper that you refer, **you will receive \$200**.

**Each additional** Pre1A camper is \$200.

ex: If you refer 3 Pre1Aers (*whose family has never attended Camp Nofesh before- only for PRE1A*)

you will receive \$600 off your camp fee. If you refer 6 new campers, you will receive \$1200 off.

The family that registers the new camp has to list you as the referring party. Please note only one referring family will receive the referring discount.

Each referred new camper's family will receive a \$100 discount. **They must fill in the 'referred by' line on the application.**

If you have any questions, please call Rabbi Kaplinsky in the evening at 551-206-3395.

## MAJOR TRIP SCHEDULE 2022

Leaving	First 4 Weeks June 28 - July 22	Second 4 Weeks July 25 – August 18
<b>Pre1A</b>	<b>State Fair</b>	<b>Adventurers Amusement Park</b>
<b>1</b>	<b>State Fair</b>	<b>Adventurers Amusement Park Urban Air/Keansburg Water Park</b>
<b>2</b>	<b>Clementon Splash Park Adventureland Amusement Park</b>	<b>Urban Air/Keansburg Water Park</b>
<b>3</b>	<b>IPLAY American/Medford JCC TBA/American Dream Water Park</b>	<b>Urban Air /Keansburg Water Park</b>
<b>4</b>	<b>TBA/American Dream Water Park Berkshire Day Trip</b>	<b>Ourdoor Laser Tag/Keansburg Water Park</b>
<b>5</b>	<b>Outdoor Laser Tag/American Dream Water Park Berkshire Day Trip</b>	<b>Urban Air /Keansburg Water Park</b>
<b>6</b>	<b>TBA/American Dream Water Park PA Overnight</b>	<b>Urban Air /Keansburg Water Park</b>

**First half June 28<sup>th</sup> - July 22<sup>nd</sup>**

**Second half July 25<sup>th</sup> – August 18<sup>th</sup> 2022**

Grade this past year	Register by January 27		Register by March 31		Register by May 1		Register after May 1	
	Full summer	Half summer	Full summer	Half summer	Full summer	Half summer	Full summer	Half summer
Pre 1A	\$1,575	\$825	\$1,625	\$850	\$1,650	\$850	\$1,650	\$850
1	\$1,725	\$925	\$1,775	\$950	\$1,800	\$950	\$1,825	\$975
2	\$1,800	\$975	\$1,850	\$1000	\$1,875	\$1000	\$1,900	\$1025
3	\$1,925	\$1,025	\$1,975	\$1,050	\$2,000	\$1,050	\$2,025	\$1,075
4	\$2,000	\$1,100	\$2,050	\$1,125	\$2,075	\$1,125	\$2,100	\$1,150
5	\$2,125	\$1150 first \$1100 second	\$2,150	\$1175 first \$1125 second	\$2,175	\$1200 first \$1150 second	\$2,200	\$1225 first \$1175second
6**	\$2,200	\$1,200 first \$1,150 second	\$2,225	\$1,225 first \$1175 second	\$2,250	\$1250 first \$1200 second	\$2,275	\$1275 first \$1225 second

You can zelle/quickpay to [agoldman@campnofesh.com](mailto:agoldman@campnofesh.com)

**PRICES INCLUDE TRIPS.** Rates for half a summer are for weeks 1-4 **OR** weeks 5-8.

PRICE INCLUDES A \$500 PER CHILD NON-REFUNDABLE DEPOSIT. Payment in full can be made with a \$500 deposit per child and the balance in postdated checks (final date June 10<sup>th</sup>) submitted with the application. ***Payments are non refundable***

MAKE CHECKS PAYABLE TO: Camp Nofesh. **All forms & payments must be sent to the camp office ONLY (242 High St, Passaic)!**

If you register without postdated checks, you are not eligible for the early bird rate.

When you register and sign the application, you are legally and halachickly responsible to pay Camp Nofesh for all the weeks on the application and Camp Nofesh will not refund any money.

If you are not registered for a specific half or full summer, please email for a price.

**6th graders: \*\*** If you were in camp last summer, you will receive \$150 off a full summer registration and \$75 off a half a summer registration **AND** if you have a sibling registered this summer, you will get a bonus sibling discount of an extra \$50 discount for a full summer and \$25 off a half a summer. (For the first sibling.)

**\$90 security fee charge per family (regardless of how many weeks registered)**

**REGISTRATION MUST INCLUDE \$500 per child**

**There is a family multiple children discount.**

For a full summer, a second child is \$100 off the regular price. A third child is \$200 off. A fourth is \$300 off.

For a half summer, a second child is \$50 off the regular price. A third child is \$100 off. A fourth is \$150 off.

For example: A 5th grader, a 4th grader, a 1st grader, and a Pre 1A boy, registered for a full season before January 27:

5 <sup>th</sup> grader		\$2,200
4 <sup>th</sup> grader	\$2,000 - \$100 =	\$1,900
1 <sup>st</sup> grader	\$1,725 - \$200 =	\$1,525
Pre 1A	\$1,575 - \$300 =	\$1,275

**Weekly rates\*:**

If you are registering for:

Payment Rates: (refer to payment sheet)

Three Weeks	Half Summer less \$50
Four Weeks (not a half**, in a row)	Half Summer plus \$50
Five Weeks (leaving pre1a – 2 <sup>nd</sup> )	Half Summer plus \$225
Five Weeks (leaving 3 <sup>rd</sup> – 6 <sup>th</sup> )	Half Summer plus \$275
Six Weeks (leaving pre1a – 2 <sup>nd</sup> )	Half Summer plus \$450
Six Weeks (leaving 3 <sup>rd</sup> – 6 <sup>th</sup> )	Half Summer plus \$550
Seven Weeks	Full Summer less \$150

\*If there is an overnight (6<sup>th</sup> graders) price will be higher.

If you have a **change** or **add on** to your initial registration, the rate you pay for the new weeks will depend on the trips and date you call the office to change or add to your registration. Add on price will be the current pricing and \$25 additional fee.

Sibling discount for three to seven weeks is the half summer rate.

Sibling discount for one to two weeks is \$25.

**\$500 application fee per child (towards camp fee)** must be dated the date of registration.

**Post-dated check must be paid by June 10, 2022**

**Applications for week 1 will not be accepted after June 10. NO EXCEPTIONS!! We cannot enroll for less than a week (Monday – Friday).**

Registration for the coming week must be completed by **Wednesday night**, to enable proper processing.

Planned events will be mailed shortly before camp.

**Masmidim**: leaving grades 1-3 \$5 a week. (Payment due with Masmidim sign up sheet in pre-camp mailing.) Masmidim leaving 4<sup>th</sup> & 5<sup>th</sup> grade, no additional charge. Masmidim program runs 6 weeks (weeks TBA) after regular dismissal days, Monday thru Thursday. (1-3 days a week).

Once you sent in registration or email agreeing to send in (including add ons) you are legally and halachically obligated to pay. Always, go thru the camp office [agoldman@campnofesh.com](mailto:agoldman@campnofesh.com) to register. Pricing is discussed with Rabbi Kaplinsky.

# UNIVERSAL CHILD HEALTH RECORD

Endorsed by: American Academy of Pediatrics, New Jersey Chapter  
New Jersey Academy of Family Physicians  
New Jersey Department of Health

SECTION I - TO BE COMPLETED BY PARENT(S)					
Child's Name (Last)		(First)		Gender <input type="checkbox"/> Male <input type="checkbox"/> Female	Date of Birth / /
Does Child Have Health Insurance? <input type="checkbox"/> Yes <input type="checkbox"/> No		If Yes, Name of Child's Health Insurance Carrier			
Parent/Guardian Name		Home Telephone Number		Work Telephone/Cell Phone Number	
Parent/Guardian Name		Home Telephone Number		Work Telephone/Cell Phone Number	
<b>I give my consent for my child's Health Care Provider and Child Care Provider/School Nurse to discuss the information on this form.</b>					
Signature/Date				This form may be released to WIC. <input type="checkbox"/> Yes <input type="checkbox"/> No	
SECTION II - TO BE COMPLETED BY HEALTH CARE PROVIDER					
Date of Physical Examination:		Results of physical examination normal? <input type="checkbox"/> Yes <input type="checkbox"/> No			
Abnormalities Noted:			Weight (must be taken within 30 days for WIC)		
			Height (must be taken within 30 days for WIC)		
			Head Circumference (if <2 Years)		
			Blood Pressure (if ≥3 Years)		
<b>IMMUNIZATIONS</b>		<input type="checkbox"/> Immunization Record Attached <input type="checkbox"/> Date Next Immunization Due:			
MEDICAL CONDITIONS					
Chronic Medical Conditions/Related Surgeries • List medical conditions/ongoing surgical concerns:		<input type="checkbox"/> None <input type="checkbox"/> Special Care Plan Attached		Comments	
Medications/Treatments • List medications/treatments:		<input type="checkbox"/> None <input type="checkbox"/> Special Care Plan Attached		Comments	
Limitations to Physical Activity • List limitations/special considerations:		<input type="checkbox"/> None <input type="checkbox"/> Special Care Plan Attached		Comments	
Special Equipment Needs • List items necessary for daily activities		<input type="checkbox"/> None <input type="checkbox"/> Special Care Plan Attached		Comments	
Allergies/Sensitivities • List allergies:		<input type="checkbox"/> None <input type="checkbox"/> Special Care Plan Attached		Comments	
Special Diet/Vitamin & Mineral Supplements • List dietary specifications:		<input type="checkbox"/> None <input type="checkbox"/> Special Care Plan Attached		Comments	
Behavioral Issues/Mental Health Diagnosis • List behavioral/mental health issues/concerns:		<input type="checkbox"/> None <input type="checkbox"/> Special Care Plan Attached		Comments	
Emergency Plans • List emergency plan that might be needed and the sign/symptoms to watch for:		<input type="checkbox"/> None <input type="checkbox"/> Special Care Plan Attached		Comments	
PREVENTIVE HEALTH SCREENINGS					
Type Screening	Date Performed	Record Value	Type Screening	Date Performed	Note if Abnormal
Hgb/Hct			Hearing		
Lead: <input type="checkbox"/> Capillary <input type="checkbox"/> Venous			Vision		
TB (mm of Induration)			Dental		
Other:			Developmental		
Other:			Scoliosis		
<input type="checkbox"/> <b>I have examined the above student and reviewed his/her health history. It is my opinion that he/she is medically cleared to participate fully in all child care/school activities, including physical education and competitive contact sports, unless noted above.</b>					
Name of Health Care Provider (Print)			Health Care Provider Stamp:		
Signature/Date					

# Instructions for Completing the Universal Child Health Record (CH-14)

## Section 1 - Parent

Please have the parent/guardian complete the top section and sign the consent for the child care provider/school nurse to discuss any information on this form with the health care provider.

The WIC box needs to be checked only if this form is being sent to the WIC office. WIC is a supplemental nutrition program for Women, Infants and Children that provides nutritious foods, nutrition counseling, health care referrals and breast feeding support to income eligible families. For more information about WIC in your area call 1-800-328-3838.

## Section 2 - Health Care Provider

1. Please enter the date of the physical exam that is being used to complete the form. Note significant abnormalities especially if the child needs treatment for that abnormality (e.g. creams for eczema; asthma medications for wheezing etc.)

- **Weight** - Please note pounds vs. kilograms. If the form is being used for WIC, the weight must have been taken within the last 30 days.
- **Height** - Please note inches vs. centimeters. If the form is being used for WIC, the height must have been taken within the last 30 days.
- **Head Circumference** - Only enter if the child is less than 2 years.
- **Blood Pressure** - Only enter if the child is 3 years or older.

2. **Immunization** - A copy of an immunization record may be copied and attached. If you need a blank form on which to enter the immunization dates, you can request a supply of Personal Immunization Record (IMM-9) cards from the New Jersey Department of Health, Vaccine Preventable Diseases Program at 609-826-4860.

- The Immunization record must be attached for the form to be valid.
- "Date next immunization is due" is optional but helps child care providers to assure that children in their care are up-to-date with immunizations.

3. **Medical Conditions** - Please list any ongoing medical conditions that might impact the child's health and well being in the child care or school setting.

- a. Note any significant medical conditions or major surgical history. **If the child has a complex medical condition, a special care plan should be completed and attached for any of the medical issue blocks that follow.** A generic care plan (CH-15) can be downloaded at [www.nj.gov/health/forms/ch-15.dot](http://www.nj.gov/health/forms/ch-15.dot) or pdf. Hard copies of the CH-15 can be requested from the Division of Family Health Services at 609-292-5666.
- b. **Medications** - List any ongoing medications. Include any medications given at home if they might impact the child's health while in child care (seizure, cardiac or asthma medications, etc.). Short-term medications such as antibiotics do not need to be listed on this form. Long-term antibiotics such as antibiotics for urinary tract infections or sickle cell prophylaxis should be included.

PRN Medications are medications given only as needed and should have guidelines as to specific factors that should trigger medication administration.

*Please be specific about what over-the-counter (OTC) medications you recommend, and include information for the parent and child care provider as to dosage, route, frequency, and possible side effects. Many child care providers may require separate permissions slips for prescription and OTC medications.*

c. **Limitations to physical activity** - Please be as specific as possible and include dates of limitation as appropriate. Any limitation to field trips should be noted. Note any special considerations such as avoiding sun exposure or exposure to allergens. Potential severe reaction to insect stings should be noted. Special considerations such as back-only sleeping for infants should be noted.

d. **Special Equipment** - Enter if the child wears glasses, orthodontic devices, orthotics, or other special equipment. Children with complex equipment needs should have a care plan.

e. **Allergies/Sensitivities** - Children with life-threatening allergies should have a special care plan. Severe allergic reactions to animals or foods (wheezing etc.) should be noted. Pediatric asthma action plans can be obtained from The Pediatric Asthma Coalition of New Jersey at [www.pacnj.org](http://www.pacnj.org) or by phone at 908-687-9340.

f. **Special Diets** - Any special diet and/or supplements that are medically indicated should be included. Exclusive breastfeeding should be noted.

g. **Behavioral/Mental Health issues** - Please note any significant behavioral problems or mental health diagnoses such as autism, breath holding, or ADHD.

h. **Emergency Plans** - May require a special care plan if interventions are complex. Be specific about signs and symptoms to watch for. Use simple language and avoid the use of complex medical terms.

4. **Screening** - This section is required for school, WIC, Head Start, child care settings, and some other programs. This section can provide valuable data for public health personnel to track children's health. Please enter the date that the test was performed. Note if the test was abnormal or place an "N" if it was normal.

- For lead screening state if the blood sample was capillary or venous and the value of the test performed.
- For PPD enter millimeters of induration, and the date listed should be the date read. If a chest x-ray was done, record results.
- Scoliosis screenings are done biennially in the public schools beginning at age 10.

This form may be used for clearance for sports or physical education. As such, please check the box above the signature line and make any appropriate notations in the Limitation to Physical Activities block.

5. Please sign and date the form with the date the form was completed (note the date of the exam, if different)
  - Print the health care provider's name.
  - Stamp with health care site's name, address and phone number.



Rabbi Avi Kaplinsky, Director



Camp Nofesh Safety Waiver 2022

I acknowledge that Camp Nofesh, its owner, administration, and any staff are not responsible in any way for any injury in any off-site amusement park, attraction, water park, trampoline, ropes course, Go Karts, Indoor and Outdoor Laser Tag, Jiminy Peak, Air Trampoline, Bubble Machines, water slides, bowling, rollerblading, and any other off-site and on- site, rides, activity, and/or place of entertainment that my son will participate in or visit.

I understand the inherent risks of injury involved during any and all off-site visits and allow my son to participate in all of them and I waive all claims against Camp Nofesh, its owner, administration, and any staff in connection with all off-site visits.

Parent's signature: \_\_\_\_\_ Date: \_\_\_\_\_ 2022

Please print parents first and last name: \_\_\_\_\_